



Why does Gero at FranU consistently search for new opportunities to support healthy aging, the answer continues to be because the number and proportion of people aged 60 years and older in the population is increasing. In 2019, the number of people aged 60 years and older was 1 billion. This number will increase to 1.4 billion by 2030 and 2.1 billion by 2050. This increase is occurring at an unprecedented pace and will accelerate in coming decades, particularly in developing countries.

This historically significant change in the global population requires adaptations to the way societies are structured across all sectors. For example, health and social care, transportation, housing and urban planning. Working to make the world more age-friendly is an essential and urgent part of our changing demographics.

Age friendly is a World Health Organization (WHO) concept encompassing policies, services, and structures related to the physical and social environment designed to support and enable older people to age

actively—that is to live in security, enjoy good health, and continue to participate fully in society.

There is something for everyone at Gero at FranU, continue to visit our website gerontologyatfranu.com and social media outlets. We look forward to continuing to serve you!

Here is to healthy aging!
Dr. Lindsay Mullins PhD, FNP-BC

*Sister Agnes Marie Fitzsimons
Endowed Chair of Gerontology
Franciscan Missionaries of Our Lady
University*



Dr. Lindsay Mullins PhD, FNP-BC

FROM THE GERO CHAIR

Gero at FranU continues to champion healthy aging through our various programs. Our reach extends beyond the classroom with excellent instruction evidenced by our Association of Gerontology in Higher Education (AGHE) Program of Merit (POM) designation received in 2019. It reaches into the community partnering with the lay public of elders in our Healthy Aging Talk Arounds going since 2018, with our priests and religious through Priest Retirement Workshops since 2021, and into our Franciscan Missionaries of Our Lady's international ministry in Porto, Portugal for the last three years and upcoming in Paris, France.



FRANU WECOMES PORTO STUDENTS IN SEPTEMBER 2024

Following the success of last year's enlightening trip to Porto, we're excited to announce a reciprocal visit! Students from Porto will soon embark on their own journey to the United States, fostering cross-cultural exchange and collaboration in the field of gerontology and we can't wait to see them.

Interested in helping host these students?
Email gero@franu.edu

gerontologyatfranu.com/porto-trip-2023-2024

SEND US YOUR WORK!

GERO FranU wants to highlight the brilliant work of the students at our University! Conduct any research that pertains to healthy aging? Send us your project, and we would love to highlight you on our social media channels, website and community newsletters.

Send your work to gero@franu.edu!



FOLLOW US ON SOCIAL MEDIA

Stay in the know by following our social media pages. Get quick access to new blog postings, research and updates on how we are spreading our mission on campus and out in the community!

WEBSITE

Visit gerontologyatfranu.com

SOCIAL MEDIA

Visit our Facebook & Instagram | [@gerofranu](https://www.instagram.com/gerofranu)



FRANU'S RESEARCH AND SCHOLARSHIP WEEK 2024

Learn more & view schedule: gerontologyatfranu.com/franu-annual-research-showcase-gero-mentor-mentee-projects

Exciting news! FranU's Research and Scholarship Week, featuring top projects from the Healthy Aging Mentor-Mentee Program, is set for April 22-26, 2024, at St. Francis Hall. This event welcomes students, faculty, staff, and alumni to present their research through poster or podium sessions. Join us for a week of discovery and collaboration in our university's research community!

WE WELCOME TO THE GERO TEAM!

Welcome



Hélène Salaün
Executive and Management Coach

Hélène is a seasoned executive and management coach with a profound medical interest, specializing in Learning & Development. With a background in Finance, Hélène transitioned into overseeing the academic programs of prominent corporate entities, including SocGen, Caisse d'Épargne, and Mazars. Her journey extends beyond corporate governance, as she is also a skilled facilitator and trainer, imparting knowledge on a wide range of medical and management topics. Her areas of focus encompass Management/Leadership, Emotional Intelligence, Non Violent Communication, and Change Processes. Based in Paris, Hélène operates fluently in both French and English, serving clients in France and worldwide. Her career marries her passion for medicine, with a specific focus on healthy aging. Hélène has cultivated a robust network within a major Parisian religious community at Saint Eustache, and she also has connections in several hospitals and clinics, further reinforcing her medical engagement. With the development of FranU's new abroad experience in France, Hélène has played a great role in ensuring a wonderful experience for the students of FranU!